



www.pr-hockey.org.uk
Club Handbook - 2011/12

DAWN COLLIS
President

TRACY AVERIES
Chairperson

COLIN MCINNES
Vice Chairman

Founded 1998
Affiliated to England Hockey

A STAR ALLIANCE MEMBER



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PHOENIX & RANELAGH HOCKEY CLUB

Phoenix & Ranelagh Hockey Club was formed in 1998 following the merger of two local clubs:

Phoenix, established by players from the old Huntley and Palmers team in 1984, was based at the Prudential Ibis sports ground, and offered ladies, mens, and mixed hockey.

Ranelagh, based just a few minutes away at Rivermead Leisure Centre, was established in 1919, and ran a thriving junior (girls and boys) section.

Using relationships built up before the merger, Phoenix & Ranelagh Hockey Club continue to be based at the Prudential Ibis club, and use the facilities for hot showers and hot teas after home games, as well various social functions throughout the season. Club members are also entitled to use the other sporting facilities Ibis has to offer.

Home matches are played at the Rivermead Leisure Centre, which is a 5 minute drive from the clubhouse.

The Club is affiliated to England Hockey and achieved Clubs First accreditation from the England Hockey Association at the end of 2010. This is a nationally recognised award for providing a safe, effective and child friendly hockey environment.

The Club has an up to date website with match reports, social events and links to League websites – visit it at www.pr-hockey.org.uk

The club gratefully acknowledges the outstanding service given to the merging clubs by the following:

Phoenix & Ranelagh Life Members

Mrs J Back	Mr MC Davis
Mrs S Lee	Miss J Stacey
Mrs D Best	Mrs S Davis

Mrs J Marriott-Ball
Mrs L Burt
Miss K Pollard
Mrs J Burton
Mrs J Richardson
Miss B Chapman
Miss C Scearce
Mrs H Cottrell
Mr K Sharma
Mrs M Cutler
M Smith
Mr S Harris
Miss J Wilson

Miss L Stone
Mrs R Flight
Mrs E Townson
Mrs P Fowkes
Mr P Townson
Mr P Garthside
Mrs J Walmesley
Mr P Giles
Mr BH Weller
Mr RF Haines
Mr P Cutler
Miss C Sparrow
Miss D Collis

Since the formation of Phoenix and Ranelagh Hockey Club, the following honorary memberships have been awarded:

Honorary Members

Miss B Chapman	Miss D Collis
Miss J Wilson	Miss S Yates
Mrs J Marriott-Ball	Miss S Trussell
Mr S Harris	Miss V Lincoln
Mr M Davis	

Phoenix and Ranelagh thanks the following for their contribution to the Club over the years:

Friends of Phoenix and Ranelagh

Tracy Averies & Co Building Works LTD	Altered Image Car Valet
Swiss International Air Lines Ltd	3 Way Physiotherapy
Cleone Foods Ltd	Alliance & Leicester
The Orange Cat	Ashley Blooms
Manor Bakeries	Sue Iles

EXECUTIVE COMMITTEE**Chairperson**

TRACY AVERIES
1 Jasmine Cottage M: 07763 338 263
Purley Village
Purley on Thames
RG8 8AU

tracyaveries@hotmail.com

Treasurer

HELEN VAUGHAN-GRAHAM
50 St Georges Road M: 07764 607 174
Reading
RG30 2RL

helenvaughangraham@yahoo.com

Fixtures Secretary

HEATHER SMITH
33 Simons Lane T: 01189 785 637
Wokingham M: 07719 745 725
RG41 3HG

heatherandrichard@btinternet.com

Club Captain – Ladies

DAWN COLLIS
143 Rodway Road T: 01189 429 792
Tilehurst M: 07946 647 994
Reading
RG30 6EL

collisdawn@hotmail.co.uk

Volunteer Development Officer

VICKI LINCOLN
4 Rutherford Walk T: 01189 428 968
Tilehurst M: 07801 949 849
Reading
RG31 5ND

vickilincoln@hotmail.com

Vice Chairman

COLIN MCINNES
Flat 2, Greys Court M: 07900 407 770
Sidmouth Street
Reading
RG1 4PP

Colin.McInnes@swiss.com

Secretary

SHARON TRUSSELL
25 Newbury Close W: 01189 578 017
Tilehurst
Reading
RG31 6JN

Sharon.trussell@prudential.co.uk

External Liaison

See Vice Chairman

Junior Co-ordinator

JANE MARRIOTT-BALL

barbie_marriott@hotmail.com

Club Captain - Men

PAUL MOSEY
22 Catherine Street M: 07720 270 817
Reading
RG30 1DN

paul.mosey@bt.com

Marketing & Communication

ASHTON MARRIOTT
M: 07717 482 850

ashton_marriott@hotmail.co.uk

OTHER COMMITTEE POSITIONS**Kit Equipment Officer**

PETER WRIGHT
16 Wickford Way T: 01189 863 163
Lower Earley M: 07774 935 288
Reading
RG6 4HP

awrightgang@ntlworld.com

Ladies Fixtures Secretary

See Fixtures Secretary

Men's Fixtures Secretary

ROB BELSHER
rob@belsher.co.uk

Umpire Co-ordinators

See Chairperson
See County & League Rep.

County & League Rep.

SUE YATES
1 Jasmine Cottage M: 07801 146 829
Purley Village
Purley on Thames
RG8 8AU

sueyates@3663.co.uk

Tour Organiser

CLAIRE CHITTY
4 London House M: 07789 488 970
High Street
Ripley Surrey
GU23 6AA

claire.chitty@yahoo.co.uk

Social Secretary

Vacancy

Website Officer

CHARLIE RIXON
M: 07887 950 516

charlie@theorangecat.co.uk

TEAM CAPTAINS & COACHING STAFF

Club Captain – Men

PAUL MOSEY

First XI – Men

ANDY STRONG
31 Torcross Grove M: 07747 563 226
Calcot
Reading
RG31 7AT
andystrong23@yahoo.co.uk

Second XI – Men

JAMES MUTTON
9 Audley Street M: 07812 132 550
Reading
RG30 1BP

rubberduckdesign@gmail.com

Third XI – Men

CHARLIE WHITEHOUSE
4 Beighton Close M: 07967 500 218
Lower Earley
Reading
RG6 4HZ
charliewhitehouse@yellgroup.com

Club Coach – Men

MARK SCARTH (Level 3)
M: 07981 003 511
scarfee@googlemail.com

Coaches – Men

STEVE EASTMAN	Level 1
CALEY GARDINER	Level 1
ALEX WRIGHT	Level 1
JEFF CASTLE	Level 1
JAMES MUTTON	Level 1
CHRIS DAVIS	Level 1
JEREMY CLARKE	Level 2
MARK SCARTH	Level 3

Club Captain – Women

DAWN COLLIS

First XI – Women

ASHTON MARRIOTT
M: 07717 482 850

ashton_marriott@hotmail.co.uk

Second XI – Women

LAURA HODDER
M: 07894 832 685

laurahodder@hotmail.com

Third XI – Women

TEAM MANAGER SUE ILES
M: 07855 710 873

sueiles@tiscali.co.uk

Club Coach – Women

BEV BLACKBURN (Pending Level 3)
M: 07858 457 920
bevblackburn84@googlemail.com

Coaches – Women

HELEN VAUGHAN-GRAHAM	Level 1
ADRIENNE BROWN	Level 1
SALLY SMITH	Level 1
BEV BLACKMORE	Level 1
JANE MARRIOTT-BALL	Level 2
JULIE WILSON	Level 2
BEV BLACKBURN	Pending Level 3

All committee members (dealing with young players) and coaching staff are Criminal Records Bureau (CRB) checked.

JOINING THE CLUB

The Club operates with an annual subscription for all members who wish to join the Club, with various fee structures in place for Juniors, Seniors and occasional members.

Those players picked to represent the Club in matches pay match fees each week before the fixture. These fees are collected by the Team Captains.

2011/12 SUBSCRIPTIONS

The annual subscription for 2011/12 has been set at:

1. Full and part time working members*	FULL FEE £100.00	AFTER 30/09/2011 £150.00
2. Prudential IBIS or Rivers members*	£50.00	£100.00
	FULL FEE	DISCOUNTED FEE
3. Full time students	£60.00	£50.00
4. Under 18 Juniors	£50.00	£40.00
5. Under 16 Juniors	£40.00	£30.00
6. Under 14 Juniors	£35.00	£25.00
7. Non Playing Members**	£10.00	£10.00

*MALE SUBSCRIPTIONS ARE AN EXTRA £10. FOR FULL TIME AND PRUDENTIAL MEMBERS THERE IS A £50 PENALTY IF THE PAYMENT IS RECEIVED AFTER 30 SEPTEMBER 2011.

FOR ALL OTHER MEMBERSHIP CATEGORIES A £10.00 DISCOUNT WILL APPLY TO THE FULL FEE IF PAYMENT IS RECEIVED BEFORE 30 SEPTEMBER 2011

The subscription includes associate membership of the IBIS Club.

** Non Playing Members are members of Phoenix and Ranelagh Hockey Club and are entitled to vote at the Annual General Meeting. They are not members of Ibis. To become an associate member of Ibis, an additional fee is payable.

NEW MEMBERS WILL NEED TO PAY A PRO-RATED SUBSCRIPTION BY THE DATE THEY PLAY THEIR 3RD MATCH FOR THE CLUB.

MATCH FEES

TARIFF	FEE
All Senior matches (including Cup & Tournaments)	£10.00
Students playing senior matches	£7.00
Juniors playing senior matches	£5.00
All Junior matches	£4.00
Occasional player*	£12.00
Sunday morning Junior training	£2.90 (£1.90 Rivermead, £1.00 P&R HC)

* These are players participating in less than 10 games per season and where agreement has been given by the committee that no membership fee will apply. If the player's circumstances change and he or she decides to become a full member, the extra match fees paid will be deducted from the full membership fee.

IBIS AND RIVERS MEMBERSHIP

RIVERS MEMBERSHIP

Rivers are now offering an Affiliated Sports Club Gym membership. This means that any Phoenix and Ranelagh player can take out a Peak Membership to Rivers for only £32 a month. This is a saving of £7 per month on the normal peak membership rate.

For this reduced monthly fee you have unlimited access to the Gym equipment, free Tennis courts, free Squash courts, and free aerobic and fitness classes. You also get access to the Relax Zone – with Sauna, Steam and Jacuzzi. You can take advantage of other services as part of your membership - Personally designed fitness programme, Diet analysis, Comprehensive fitness assessment, and 2 Free day passes for you to pass on to a friend.

If you don't want to commit to a monthly fee, as an IBIS member you can still use the Gym facilities. For a Pay As You Go fee of £5.50 a day, you can use the Rivers fitness suite, sauna, steam room and Jacuzzi whenever you wish. All you need to do is to fill out a disclaimer at reception and away you go.

IBIS MEMBERSHIP

As an associate member of the Prudential Ibis Club you can take advantage of preferential rates for many facilities and services they offer.

Squash and Tennis

Squash and tennis courts are bookable up to 2 weeks in advance, at a cost of £3.50 per court. If you wish to play with a non-member there is an additional £3.50 guest fee per person.

Fitness Classes

As an associate member you may book into fitness classes up to a week in advance, at a cost of £3.00 a class. IBIS also have courses of Pilates and Yoga that run on a 10 week basis. These are available to you at a cost of £45 for Pilates and yoga, rather than the non-member cost of £65. There are waiting lists for these courses, so please contact reception if you are interested.

Function Room Hire

All members can hire our Riverview room on a Friday and Saturday evening at a cost of £200. This will give you the room with a private bar from 7pm until midnight. A wide range of catering is available. For more information, please contact the club.

3-Way Physiotherapy

3-Way are a local physiotherapy company with a great reputation. They have been with IBIS for many years and operate from their main practice in Woodley and at the Ibis club. Members receive preferential rates on their treatments when booked with the club.

Sports Massage

Roddy is a fully qualified NST practitioner, sport masseur and fitness trainer. He also works with 3-Way Physio at their Woodley branch and comes highly recommended. Members receive a preferential rate on sports massage when booking at the club.

Royal Beauty

Lisa provides a wide range of treatments from waxing and facials to massage and reflexology. Full details of her treatments can be found at the club reception.

TRAINING ARRANGEMENTS

Senior training will be held each week throughout the season from September through to April. Each session will be attended by a qualified Coach and will consist of fitness, skills work and match play as required.

Any changes to training will be published on the website or emailed to all Club Members.

LADIES – Coach Bev Blackburn (Pending Level 3)

Every Wednesday from 7th September 2011 to 14th December 2011 from 7.45pm to 9.30pm
Every Wednesday from 4th January 2012 to 4th April 2012 from 7.45pm to 9.30pm

Venue: Reading Hockey Club, Sonning Lane



Reading Hockey Club, Sonning Lane, Sonning, Berkshire, RG4 6ST

MENS – Coach Mark Scarth (Level 3)

Every Thursday from 8th September 2011 to 15th December 2011 from 8.00pm to 9.30pm
Every Thursday from 5th January 2012 to 5th April 2012 from 8.00pm to 9.30pm

Venue: Reading Hockey Club, Sonning Lane



Reading Hockey Club, Sonning Lane, Sonning, Berkshire, RG4 6ST

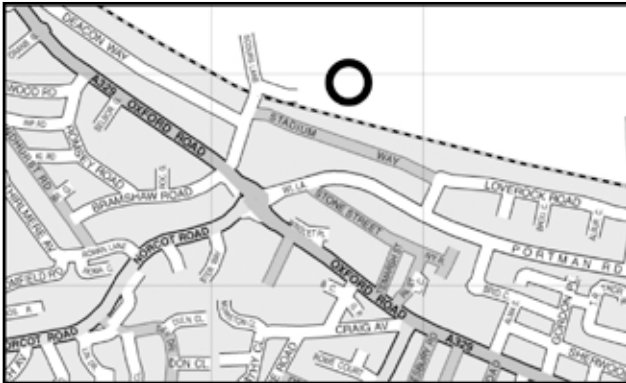
MATCH DAY INFORMATION

Home Ground



Rivermead Leisure Centre, Richfield Avenue, Reading, RG1 8EQ (0118 901 5000)

Clubhouse for after-match refreshments and changing facilities



Prudential IBIS Club, Scours Lane, Tilehurst, Reading, RG30 6AY (0118 942 4130)

MATCH DAY KIT

Players should ensure that they comply with the playing colours of the Club. These are: Orange shirts with navy blue trim, navy blue shorts/skirts, orange socks

All league fixtures will be played on astro-turf and players should ensure that they have the appropriate footwear for matches.

It is also highly recommended that players ensure that they have the appropriate shinguards and gumshield which they wear during training and league fixtures.

Match Day Responsibilities

Team captains will:

- Ensure that all players adhere to the above Match day kit guidelines
- Take collection of the correct match fee for each player prior to the match starting
- Complete the Club and League paperwork accurately
- Pass the correct & checked weekly match fees to the Treasurer or Vice Treasurer on a regular basis
- Contact their League with the match result at the end of the match
- Update any League websites etc as appropriate with details of results and scorers
- Ensure the conduct of their players is in line with the Club Code of Ethics and Behaviour at all times
- Monitor disciplinary cards issued to players and raise any disciplinary matters to the Club Captain
- Ensure that the team ball supply and first aid kit is brought to each fixture and looked after by a player in the team between each match
- Allocate the washing of the team shirts to a player each week (where appropriate)

Team members will:

- Confirm their availability to the Team Captain at least 4 weeks in advance
- Contact the Team Captain as soon as possible if they are going to be late for the meeting time
- Update their Captain with their latest contact details
- Take responsibility for bringing their own equipment to each fixture
- Ensure that they pay the correct match fees each week
- Respect their team mates, the officials and the opposition at all times.

LEAGUE INFORMATION

MEN

South Hockey League – www.south-league.com

First XI Midsx, Berks, Bucks, Oxon – Division 3
 Second XI Midsx, Berks, Bucks, Oxon – Division 4

Open Hockey League – www.south-league.com

Third XI Midsx, Berks, Bucks, Oxon – Division 9

LADIES

Trysports Hockey League - www.trysportsleague.org.uk

First XI Trysports 3 Counties League Prem 2
 Second XI Trysports 3 Counties League Div 3
 Third XI Trysports 3 Counties League Div 4

SOCIAL ACTIVITIES

DIARY OF EVENTS

December	10th	Christmas Party	Rivers IBIS Club
February	25th	Quingo (Quiz & Bingo)	Rivers IBIS Club
April	14th	Annual Dinner Dance	Best Western Calcot Hotel

TOURS

Claire Chitty (Rooney) will be organising this season's t ours and you should contact her if you are interested in taking part.

ANNUAL AWARDS

Each year the Club hosts an annual awards dinner & dance for all members of the Club with their partners & friends, to celebrate the successes of the Club throughout the season.

The dinner is a formal dress evening with a 3 course meal and entertainment.

Last season's event was very successful with over 60 members enjoying a great time at Rivers IBIS Club.

Due to the support that Phoenix & Ranelagh has received over the years from the Rivers Ibis Club, it is our intention to utilise their social facilities and look to hold our end of season awards evening here again in April 2012. The ticket price will include a 3 course meal & disco.

The winners of the awards for 2010/11 were:

MEN

Player of the season Mens I's	Alistair Palmer
Player of the season Mens II's	Toby Tinniswood
Player of the season Mens III's	Peter Townsend
Most Improved Player	Peter Davis

LADIES

Player of the season Ladies I's	Charlotte Watt
Player of the season Ladies II's	Laura Hodder
Player of the season Ladies III's	Lynne Newell
Most Improved Player	Beccy Hyatt

TOP GOALSCORER

Ladies	Heather Clements
Mens	Martin Newell

CLUBSHOP

To place an order or for a list of available kit and prices please contact Peter Wright, Kit Equipment Officer. See Page 6.

Information: Phoenix and Ranelagh Hockey Club will be printed on many of the items. As well as this, your Tracksuit top, Waterproof, Hoody and Fleece top can be personalised free of charge. (Under 14 colts pay £2 less if shown, colts size up to 30 / 32).

FIXTURES PROGRAMS

LADIES FIRST XI

Captain: Ashton Marriott (07717 482 850)

Vice Captain: Claire Chitty (07789 488 970)

Date	Opponents	Home/Away	PB Time	Result
03/09/11	Trials			
10/09/11	Wootton Bassett Ladies 1's	Home	10.00	
17/09/11	Wallingford Ladies 2's	Away	11.45	
24/09/11	Banbury Ladies 2's	Away	12.30	
01/10/11	Slough Ladies 2's	Home	11.30	
08/10/11	Wycombe Ladies 3's	Home	10.00	
15/10/11	Oxford Hawks Ladies 3's	Away	11.30	
22/10/11	Reading Ladies 2A's	Home	10.00	
29/10/11	Maidenhead Ladies 3's	Away		
05/11/11	Oxford Ladies 3's	Home	10.00	
12/11/11	Henley Ladies 2's	Away	11.45	
19/11/11	Bicester Ladies 1's	Home	11.30	
26/11/11	South Bucks Ladies 1's	Away		
03/12/11	Wallingford Ladies 2's	Home	13.00	
10/12/11	Banbury Ladies 2's	Home	11.30	
17/12/11	Wycombe Ladies 3's	Away	11.30	

MERRY CHRISTMAS & HAPPY NEW YEAR

07/01/12	Amersham & Chalfont			
14/01/12	Slough Ladies 2's	Away	12.15	
21/01/12	Wycombe Ladies 3's	Away	14.00	
28/01/12	Oxford Hawks Ladies 3's	Home	13.00	
04/02/12	Reading Ladies 2A's	Away	10.00	
11/02/12	Maidenhead Ladies 3's	Home	10.00	
18/02/12	Oxford Ladies 3's	Away	14.30	
25/02/12	Henley Ladies 2's	Home	10.00	
03/03/12	Bicester Ladies 1's	Away	11.30	
10/03/12	South Bucks Ladies 1's	Home	11.30	
17/03/12	Wallingford Ladies 2's	Away	14.45	
24/03/12				

HAPPY EASTER

FIXTURES PROGRAMS

LADIES SECOND XI

Captain: Laura Hodder (07894 832 685)

Vice Captain: Maddie Cottam (07812 581 837)

Date	Opponents	Home/Away	PB Time	Result
03/09/11	Trials			
10/09/11	Abingdon Ladies 1's	Home	13.00	
17/09/11	Scarlet Runners	Away	10.00	
24/09/11	Marlow Ladies 3's	Away	13.00	
01/10/11	Reading Ladies 4's	Home	10.00	
08/10/11	South Bucks Ladies 2's	Away		
15/10/11	Windsor Ladies 2's	Home	11.30	
22/10/11	Oxford Hawks Ladies 4's	Away	13.00	
29/10/11	Bicester Ladies 2's	Home	11.30	
05/11/11	Banbury Ladies 3's	Away	11.00	
12/11/11	Buckingham Ladies 2's	Away	11.00	
19/11/11	Oxford Uni Ladies 3's	Home	13.00	
26/11/11	Gerrards Cross Ladies 2's	Away	12.00	
03/12/11	Scarlet Runners Ladies 1's	Home	11.30	
10/12/11	Marlow Ladies 3's	Home	10.00	
17/12/11	Henley Ladies 3/4's	Home	11.30	

MERRY CHRISTMAS & HAPPY NEW YEAR

07/01/12	Wootton Bassett Ladies 2's	Away	10.30	
14/01/12	Reading Ladies 4's	Away	10.30	
21/01/12	South Bucks Ladies 2's	Home	11.30	
28/01/12	Windsor Ladies 2's	Away		
04/02/12	Oxford Hawks Ladies 4's	Home	11.30	
11/02/12	Bicester Ladies 2's	Away	11.30	
18/02/12	Banbury Ladies 3's	Home	11.30	
25/02/12	Buckingham Ladies 2's	Home	11.30	
03/03/12	Oxford Uni Ladies 3's	Away		
10/03/12	Gerrards Cross Ladies 2's	Home	13.00	
17/03/12	Scarlet Runners Ladies 1's	Away	10.00	
24/03/12				

HAPPY EASTER

FIXTURES PROGRAMS

LADIES THIRD XI

Team Manager: Sue Iles (07855 710 837)

Date	Opponents	Home/Away	PB Time	Result
03/09/11	Trials			
10/09/11	Abingdon Ladies 2's	Away	12.00	
17/09/11	Wallingford Ladies 3's	Home	10.00	
24/09/11	Newbury & Thatcham L2's	Home	10.00	
01/10/11	Oxford Ladies 6's	Home	13.00	
08/10/11	Thame Ladies 1's	Home	13.00	
15/10/11	Wycombe Ladies 5's	Away	16.00	
22/10/11	Oxford Hawks Ladies 5's	Home	13.00	
29/10/11	Wallingford Ladies 3's	Away	10.15	
05/11/11	Banbury Ladies 4's	Home	13.00	
12/11/11	Aylesbury Ladies 3's	Away	12.30	
19/11/11	Amersham & Chalfont 4's	Home	10.00	
26/11/11	Sonning Ladies 4's	Home	10.00	
03/12/11	Abingdon Ladies 2's	Away	12.00	
10/12/11	Newbury & Thatcham L2's	Away	12.30	
17/12/11	Wycombe Ladies 5's	Home	13.00	

MERRY CHRISTMAS & HAPPY NEW YEAR

07/01/12	Abingdon Ladies 2's	Home	11.30	
14/01/12	Oxford Ladies 6's	Away		
21/01/12	Thame Ladies 1's	Away	12.00	
28/01/12	Wycombe Ladies 5's	Home	10.00	
04/02/12	Oxford Hawks Ladies 5's	Away	10.30	
11/02/12	Wallingford Ladies 3's	Home	13.00	
18/02/12	Banbury Ladies 4's	Away	14.00	
25/02/12	Aylesbury Ladies 3's	Home	13.00	
03/03/12	Amersham & Chalfont 4's	Away		
10/03/12	Sonning Ladies 4's	Away	16.30	
17/03/12	Abingdon Ladies 2's	Home	13.00	
24/03/12				

HAPPY EASTER

FIXTURES PROGRAMS

MENS FIRST XI

Captain: Andy Strong (07747 563 226)

Vice Captain: Tom Warner (07837 973 993)

Date	Opponents	Home/Away	PB Time	Result
03/09/11	Trials			
10/09/11	Yately Mens 2's	Home	14.30	
17/09/11				
24/09/11	Fleet & Ewshot Mens 1's	Away	13.30	
01/10/11	West Hampstead Mens 4's	Away		
08/10/11	Leighton Buzzard Mens 1's	Home	14.30	
15/10/11	Oxford Mens 5's	Away		
22/10/11	Tring Mens 2's	Home	14.30	
29/10/11	Ashford Mens 3's	Home	14.30	
05/11/11	Harrow Mens 1's	Away	14.30	
12/11/11	Milton Keynes Mens 3's	Home	14.30	
19/11/11	Wokingham Mens 2's	Away	12.00	
26/11/11	Oxford Mens 4's	Home	14.30	
03/12/11	Windsor Mens 1's	Away	15.30	
10/12/11	Eastcote Mens 4's	Home	14.30	
17/12/11				

MERRY CHRISTMAS & HAPPY NEW YEAR

07/01/12				
14/01/12	West Hampstead Mens 4's	Home	14.30	
21/01/12	Leighton Buzzard Mens 1's	Away	12.30	
28/01/12	Oxford Mens 5's	Home	14.30	
04/02/12	Tring Mens 2's	Away	12.00	
11/02/12	Ashford Mens 3's	Away	15.00	
18/02/12	Harrow Mens 1's	Home	14.30	
25/02/12	Milton Keynes Mens 3's	Away		
03/03/12	Wokingham Mens 2's	Home	14.30	
10/03/12	Oxford Mens 4's	Away		
17/03/12	Windsor Mens 1's	Home	14.30	
24/03/12	Eastcote Mens 4's	Away	15.00	

HAPPY EASTER

FIXTURES PROGRAMS

MENS SECOND XI

Captain: James Mutton (07812 132 550)

Vice Captain: Alex Morgan (07752 384 717)

Date	Opponents	Home/Away	PB Time	Result
03/09/11	Trials			
10/09/11	Yateley Mens 3's	Away	13.30	
17/09/11	Abingdon Mens 2's	Away	12.00	
24/09/11	Bracknell Mens 2's	Home	14.30	
01/10/11	Witney Mens 2's	Home	14.30	
08/10/11	Wallingford Mens 2's	Away	13.15	
15/10/11	West Hampstead Mens 5's	Home	14.30	
22/10/11	Henley Mens 3's	Away	15.00	
29/10/11	Maidenhead Mens 3's	Away	12.00	
05/11/11	Thame Mens 1's	Home	14.30	
12/11/11	South Bucks Mens 2's	Away	12.30	
19/11/11	West London Mens 1's	Home	14.30	
26/11/11	Sonning Mens 4's	Away	16.30	
03/12/11	Wycombe Mens 4's	Home	14.30	
10/12/11	Amersham & Chalfont 3's	Away		
17/12/11				

MERRY CHRISTMAS & HAPPY NEW YEAR

07/01/12				
14/01/12	Witney Mens 2's	Away	15.30	
21/01/12	Wallingford Mens 2's	Home	14.30	
28/01/12	West Hampstead Mens 5's	Away	13.00	
04/02/12	Henley Mens 3's	Home	14.30	
11/02/12	Maidenhead Mens 3's	Home	14.30	
18/02/12	Thame Mens 1's	Away	14.00	
25/02/12	South Bucks Mens 2's	Home	14.30	
03/03/12	West London Mens 1's	Away	13.00	
10/03/12	Sonning Mens 4's	Home	14.30	
17/03/12	Wycombe Mens 4's	Away		
24/03/12	Amersham & Chalfont 3's	Home	14.30	

HAPPY EASTER

FIXTURES PROGRAMS

MENS THIRD XI

Captain: Charlie Whitehouse (07967 500 218)

Vice Captain: Peter Wright (07774 935 288)

Date	Opponents	Home/Away	PB Time	Result
03/09/11	Trials			
10/09/11				
17/09/11	Abingdon Mens 3's	Home	11.30	
24/09/11	Fleet & Ewshot Mens 3's	Home	11.30	
01/10/11	Bracknell Terriers	Away	12.00	
08/10/11	Wallingford Mens 5's	Home	11.30	
15/10/11	Wycombe Mens 6's	Away		
22/10/11	Bicester Mens 4's	Home	11.30	
29/10/11	Oxford Hamsters	Away		
05/11/11	West Hampstead Mens 8's	Home	11.30	
12/11/11	PHC Chiswick Mens 6's	Home	11.30	
19/11/11	Wycombe Mens 7's	Away		
26/11/11	Reading Rovers	Home	11.30	
03/12/11	Bicester Mens 3's	Away	16.00	
10/12/11	Oxford Mens 8's	Home	13.00	
17/12/11				

MERRY CHRISTMAS & HAPPY NEW YEAR

07/01/12				
14/01/12	Bracknell Terriers	Home	11.30	
21/01/12	Wallingford Mens 5's	Away	16.15	
28/01/12	Wycombe Mens 6's	Home	11.30	
04/02/12	Bicester Mens 4's	Away	14.30	
11/02/12	Oxford Hamsters	Home	11.30	
18/02/12	West Hampstead Mens 8's	Away	14.30	
25/02/12	PHC Chiswick Mens 6's	Away	11.30	
03/03/12	Wycombe Mens 7's	Home	11.30	
10/03/12	Reading Rovers	Away	10.30	
17/03/12	Bicester Mens 3's	Home	11.30	
24/03/12	Oxford Mens 8's	Away		

HAPPY EASTER

APPENDIX A CLUB DISCIPLINARY CODE

Players are reminded to represent Phoenix & Ranelagh Hockey Club at its best both on and off the field.

The Disciplinary Committee shall consist of the Chair, Vice Chair and the Captains of the Mens and Ladies sides. This Committee must meet within four days of an event warranting a disciplinary decision, the result of which will be transmitted to the offender through his/her captain as soon as possible.

The scope of the Disciplinary Committee and its rules will be to cover any type of hockey where members represent Phoenix and Ranelagh Hockey Club - outdoor, indoor, junior and mixed, and where members of Phoenix and Ranelagh are representing other clubs/organisations and are subject to an official penalty.

The following are the mandatory minimum penalties prescribed in the regulations for the enforcement of discipline by the National Governing Body. Phoenix and Ranelagh may impose additional penalties including suspension as it may deem fit.

Red card offences - where physical violence is used to

- a) an Umpire or properly appointed League or Technical Delegate - 180 days
- b) a player - 60 days
- c) any other person - 60 days.

Red card offences - where physical violence is offered or threatened against

- a) an Umpire or properly appointed League or Technical Delegate - 90 days
- b) a player - 30 days
- c) any other person - 30 days.

Red card offences - where physical violence is not used, offered or threatened - 16 days.

There is no right of appeal other than against that part of the penalty in excess of 16 days. For a second and subsequent red card offence in any period of 12 months the maximum penalty imposed shall be double to that prescribed above.

Yellow card offences will be recognised by the Club and recorded. Any player receiving 3 yellow cards may be subject to a disciplinary hearing.

All offences will be subject to the Disciplinary Code as published by Hockey England.

APPENDIX B CHILD PROTECTION

Phoenix and Ranelagh Hockey Club pursues the policy and practice of hockey's National Governing Body.

The Governing Body recognises that issues around child protection are paramount in sport. Therefore it is our intention to invest in the development and active dissemination of policy and procedures which ensure that the child's interests and protection are to the fore in all our policies, procedures, activities and events within hockey. In addition, we will ensure that the policy and procedures will provide volunteers with protection whether they are coaching, umpiring or involved in any other capacity.

All club officials with responsibility for young people have a copy of the Governing Body's Child Protection document. A full copy of the Child Protection policy is available for all members or parents on request. The club has appointed a Child Protection welfare officer who has undertaken Governing Body and Sport England recognized training in Child Protection.

Child Protection Welfare Officer

Julie Wilson

7 Derwent Avenue
Reading
Berkshire
RG30 6DN

H: 01189 413 865
M: 07946 477 779

APPENDIX C PHOENIX AND RANELAGH HOCKEY CLUB RULES

1. The Club shall be called Phoenix and Ranelagh Hockey Club.
2. The Club shall consist of playing and non-playing ladies and gentlemen members.
3. The Club shall elect a President, Chair, Vice Chair, Treasurer, Secretary and all members of the sub committees annually.
4. The officers of the Club shall be the Executive Committee. This will consist of Chair, Vice Chair, Treasurer, Secretary, Club Development/ Volunteer Officer plus a representative from each sub-committee. Each sub committee shall elect one of its members to sit on the Executive Committee.
5. The sub committees are External Liaison, Fixtures, Financial, Junior, Selection Male, Selection Female, Marketing and Communications.
6. The posts within the sub committees are: the Captains of the Men's and Ladies sides, the Assistant Treasurer, the Publicity Officer, the Social Secretary, the Tour Organiser, the Umpire Co-ordinator, the Berkshire HA Representatives, the Fund-raising Officer, the Facilities Liaison Officer, the Kit and Equipment Officer, the Junior Co-ordinator, the Junior coach, the Fixture Secretary Male & Female, the Coach Senior Male, the Coach Senior Female, the Junior Secretary, the Junior Treasurer, the Junior Fixtures, and the Website Officer.
7. An Executive Committee Member may appoint a member of his/her section to attend an Executive Committee Meeting in his/her place and such member will have full voting rights. All ordinary business of the Hockey Club will be dealt with by the Executive Committee. A quorum shall consist of 5 members.
8. The Executive Committee shall have the powers to co-opt other members as may become necessary from time to time.
9. Members are asked to make known their availability to team captains one month in advance and then rolling on a weekly basis. In any case of doubt if a match is to be played members are to contact their team captain.
10. The Annual General Meeting of the Club shall be held by the end of June.
11. Fourteen days notice is to be given to Club members of all General and Annual General Meetings.
12. The Officers shall have the power to elect honorary members for giving outstanding service to the Club.
13. The accounts of the Club shall be audited by a qualified accountant and submitted to the Annual General Meeting.
14. Any subscription or match fee agreed by the Officers of the Club will be exclusive of petrol for away matches. Expenses must be decided on an adhoc basis prior to travelling.
15. Subscriptions paid by September 30th are entitled to a discount. After this date, the full subscription as detailed in the Subscriptions section of this handbook is required. If subscriptions remain unpaid, the player will not be eligible for further matches until full subscriptions are paid. If a match fee remains outstanding for more than 2 weeks a member will be ineligible to play any further matches until the debt is cleared.
16. Umpires can claim mileage at a rate of 30p per mile. If an umpire is from outside of the club they should be offered payment towards mileage of 30p per mile.

17. The Club will ensure that first aid kits are available for all teams. It will be the responsibility of each team Captain to take the kit to ALL games and to continue the maintenance of these first aid kits with any expenses covered by the club.

No responsibility or liability can be accepted by Phoenix & Ranelagh Hockey Club for any injury caused to any person sustained when playing or involved in hockey.

APPENDIX D PHOENIX AND RANELAGH HOCKEY CLUB CONSTITUTION

1. Name

The club founded in 1998 from Ranelagh Hockey Club established in 1919 and Phoenix Hockey Club established in 1984, shall be called The Phoenix and Ranelagh Hockey Club (hereinafter called The Club) and shall remain as such for a minimum of five years.

2. Constitution

The Club is constituted by these rules as a non-profit making members club. In no circumstances, during the continuance of The Club or after its dissolution, shall any assets or surplus funds be distributed to any member or other persons, nor to any organisation which is not itself either constituted as non-profit making or a charity.

3. Affiliation

The Club is affiliated to English Hockey and conform to the rules of this organisation in so far as they can apply.

4. Aims and Objectives

1. The objectives of The Club shall be to promote and improve hockey in a social environment.
2. The aims and objectives of The Club should be consistent with the furthering of equal opportunities for all groups in hockey.

5. Membership

1. The Club shall consist of the Officers and the members.
2. The membership of The Club shall be open, and not unreasonably restricted on the grounds of age, gender, race, political, religious or other opinions, to any person in the area who is prepared to accept and support the objectives of The Club.
3. In accepting membership, a person agrees to abide by the constitution of The Club and the rulings of The Club Executive Committee.
4. Membership for players under the age of 18 shall be known as Junior Members.
5. Junior Members under the age of 16 shall not be given voting rights but will receive the same playing rights as other members.
6. Junior Members age 16 and over shall be given the same playing and voting rights within The Club as held by other members.

6. Membership Fees

1. Membership fees shall be stipulated by a General Meeting (distinguishing between for example those who are in full-time employment, members who are unemployed or in full-time education or juniors).
2. Annual membership fees fall due September 1st each year and are payable to The Club Treasurer.
3. The Club Executive Committee shall recommend charges and subscriptions to be voted on at the AGM.

7. Officers

1. The officers of the Club shall be Chair, Vice Chair, Secretary, Treasurer, Club Development / Volunteer Officer, Fixture Secretary, Junior Co-ordinator, External Liaison Officer, Marketing and Communication Co-ordinator, Selection Male and Selection Female.
2. These Officers shall hold office for one calendar year, being elected annually at The Club Annual General Meeting (ref: paragraph Annual General Meeting and other meetings).
3. Honorary membership (including honorary life members) shall be strictly limited and at the discretion of the Executive Committee.
4. Any casual vacancy occurring may be filled by any member of The Club at the discretion of the Executive Committee.
5. The Club will elect a President at the AGM who shall take a non executive role and act as a figure head for The Club.

8. Executive Committee

1. The management of The Club shall be vested in the executive committee (hereinafter called the committee).
2. The committee shall act for the members. Liabilities incurred shall fall upon the membership; up to the limit of one year's subscriptions (provided the committee act in accordance with the constitution in honesty and good faith).
3. The committee shall comprise of the Officers of The Club.
4. Meetings of the committee shall be convened by the Secretary, and shall meet a minimum of four times a year.
5. The quorum necessary for the transaction of business at Executive Committee meetings shall be five members present and eligible to vote.
6. Each Member of the Committee shall have the right to attend and vote at all Committee Meetings and have one vote thereat, but no Member shall be allowed to vote on any matters directly appertaining to such Member. (This shall apply to the procedures of any sub-committee). In the event of the voting being equal on any matter, the Chairman shall have a second or casting vote.
7. The interpretation of The Club constitution shall be vested in the committee, who shall decide all questions relating to The Club, save those specified in or involving an amendment to the Constitution.
8. The committee shall be responsible for considering any application for membership and shall decide if that application should be accepted. This decision shall be in accordance with the non discriminatory policy.
9. The committee may employ professional officers at its discretion.

9. Finance

1. All monies raised by, or on behalf of The Club shall be applied to further the objectives of The Club and for no other purpose.
2. The Club Treasurer is administratively responsible for the finances of The Club.
3. The financial year of The Club ends on May 31st
4. Proper accounts shall be kept of all sums received and paid out by The Club.
5. An audited statement of accounts, up to and including this date, shall be presented at The Annual General Meeting of The Club together with the recommended fees and charges for the following year.
6. The funds of The Club shall be lodged at a bank or building society in the name of The Club, and all cheques, drafts etc drawn on those accounts shall be signed by any two of the following officers: Chair, Vice Chair, Secretary, Treasurer and Vice Treasurer

10. Annual General Meeting and other meetings

1. The Annual General Meeting (AGM) of The Club shall be held every year by the end of June, when the annual report of the committee and the audited statement of accounts up to the end of the financial year shall be presented.
2. Not less than 14 days notice of the date of the AGM shall be given to the members by the Secretary.
3. The AGM shall elect such officers of The Club as it may from time to time determine.
4. Nominations for officers shall be received by the Secretary not less than seven days prior to the AGM. Nominations shall require two signatures. No nominations shall be accepted from the floor of the meeting, except where no nominations for a particular post have been received in advance. Nominations can only be received from persons eligible to vote at the AGM.
5. The dates of the general meetings and of the committee meetings shall be determined at the previous meeting. In addition, the Chair may call a meeting when he/she considers it necessary or desirable, or upon the written request of at least 4 members of the committee.
6. All members over the age of 16 shall be entitled to vote at general meetings of The Club and shall have equal voting rights.
7. The quorum for general meetings shall be 25% of membership present and eligible to vote.
8. An Extraordinary General Meeting (EGM) shall be called by an application in writing to the Secretary signed by not less than 15 members. The committee shall have the power to call an EGM by a decision of a simple majority of its members.

11. Voting Procedures

1. Each member shall be entitled to one vote.
2. A motion shall be carried by a simple majority of those present, except when the motion is a constitutional amendment which shall require a two third majority of the membership, not of those voting.
3. The Chair shall have the casting vote.

12. Property and Staff

Responsibility for all property owned or leased by The Club, and for the employment of paid staff and volunteers rests with the committee.

13. Discipline and Appeals

1. The committee shall have the power to take appropriate disciplinary action against any member, and shall have the authority to terminate the membership of any member guilty of conduct deemed to be to the detriment of The Club.
2. There shall be the right of appeal to the committee, or an Appeal Committee set up by it to act on its behalf against any decision made by an officer of The Club.
3. The appeal should normally be considered within 14 days of it being received by the Secretary.

14. Dissolution Procedures

1. In the event of The Club ceasing to exist, and following discharge of all debts and liabilities, any assets at the time of dissolution shall become the property of the English Hockey Association or a non profit organisation with similar objectives. No member shall obtain any asset from The Club.
2. The Club may be wound up on a resolution of members, passed by a two thirds majority at a special meeting convened for that purpose upon request of at least 15 members of The Club. At least 28 days notice of the meeting shall have been sent to all members.
3. In the event of the passing of the resolution to wind up The Club, the members of The Club shall appoint a representative committee which shall be empowered to realise the assets, including cash and investments in hand.

15. Review of the Constitution

1. This constitution can be reviewed on an annual basis and then only on the request of at least 15 members.
2. Amendments to the constitution shall only be agreed at AGM's.
3. Additions to, or alterations of the constitution shall be submitted to the Secretary not less than 21 days before the AGM, or with a request for a special meeting of The Club members. No resolution involving an amendment to the constitution may be proposed or amended from the floor of the meeting.
4. In the event of a proposal for amending the constitution being submitted, the Secretary shall inform the membership of the proposed motion not less than 14 days before the AGM.
5. Any amendments to the proposed motion duly proposed and seconded in like manner shall be submitted in writing to the Secretary not later than 7 days before the said meeting.
6. Any alteration to the constitution shall require a two third majority of members present and/or voting.
7. In the event of any question or matter arising which is not provided in the constitution, such question or matter shall be dealt with by the committee, whose decision shall be final.

APPENDIX E

CODE OF ETHICS & BEHAVIOUR

England Hockey's Code of Ethics and Behaviour is the ethical philosophy under which the sport operates. It describes the behaviour expected of all within the hockey family in England.

England Hockey is responsible for setting standards and values to apply throughout the sport at every level.

England Hockey's Code of Ethics and Behaviour encapsulates all the sporting, moral and ethical principles that hockey represents. The Code is intended for all participants and disciplines within the sport. Everyone involved in the sport should promote equality of access and opportunity, fairness and respect. All those involved within hockey have a responsibility to act according to the highest standards of integrity and to ensure that the reputation of the sport is, and remains, high.

The purpose of the Code of Ethics and Behaviour is to:

Establish the Code of Behaviour (expected minimum standards of behaviour and conduct) for all people involved within the sport, and provide information on reporting and disciplinary procedures.

We believe its content will contribute to:

Hockey's vision, which is a dynamic vibrant successful sport for all. England Hockey's mission, which is to provide effective leadership for all to fulfil their potential.

The content of this Code of Behaviour applies to all involved with the sport of hockey in England. In order to protect the reputation of hockey in England, the Code also applies to all those associated with England Hockey who are involved in hockey whilst outside England.

Expected Minimum Standards of Behaviour and Conduct**All individuals involved in hockey will, at all times:**

1. Respect the spirit of fair play in hockey. This is more than playing within the rules – it also incorporates the concepts of friendship, respect for others and always participating with the right spirit.
2. Respect the rights, dignity and worth of others.
3. Conduct themselves in a manner that takes all reasonable measures to protect their own safety and the safety of others.
4. Promote the reputation of the sport and take all possible steps to prevent it from being brought into disrepute.
5. Protect themselves and others involved in the game from verbal or physical abuse and threatening or intimidating behaviour.
6. Never use inappropriate language or gestures.
7. Abide by the England Hockey Safeguarding and Protecting Young People in Hockey Policy and Procedures and Good Practice Guidelines.
8. Abide by the England Hockey Equity Policy.
9. Abide by the England Hockey Anti-doping Rules.
10. Take personal responsibility to ensure that they are suitably insured for their activities.

For more information visit our website www.pr-hockey.org.uk

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